



Student Health & Wellness Committee Second Meeting Agenda

May 9, 2023

10:00 to 11:30 AM

School Service Center – Conference Rm C

- I. Grounding Circle
Name, department, and what are you looking forward to this summer.
- II. Next Year's Format
Calendar invites for next year's meetings were sent; meetings will be held at school sites with a more guided discussion.
- III. WPS Health Related Updates *(5-10 minutes each)*
 - a. Physical Education Instruction
Elementary – Diane Smith
May 5th, KS Kids Fitness Day @ South first one since COVID and we had approximately two thousand kids, pre-COVID it was 3000. We had 12 PE Teachers at workstations, South High students assisted with the kids and the stations. Grateful for Gordon, Premier Foods who donated bottled water for the day.
Secondary – Rebekah Winter - *Absent*
 - b. Health – Kimber Kasitz - *Absent*
 - c. Nutrition Services – David Paul
USDA is considering reducing the amount of added sugar in school meals, particularly in breakfast. Most common sources of added sugars are breakfast cereals, flavored milks, grain-based desserts, and yogurt.
Some companies are already making modifications to their brand formulas.
You may submit comments at the following website through May 10th, 2023. <https://www.regulations.gov/document/FNS-2022-00452985>

Andrea is excited about the possibility of this change for our students.

- d. Mental Health – Dr. Holly Yager & Stephanie Anderson
Student Suicide Awareness Video will be new this year and will play on HS TV's, our website, and will have multiple links to resources for students/parents.

IV. Tour of FPC
Committee tour the kitchen area and warehouse.

V. 2023-24 Goal Setting Update
The Wellness Impact Tool will be helpful in setting our goals, it allows us to see the areas we are doing well in and the areas we are not doing so good.

Review verbiage of our Wellness Policies.

VI. Open Agenda
KSDE approved graduation requirements for 2028.

VII. Closing
Thank you for all you do for our students, staff and community.

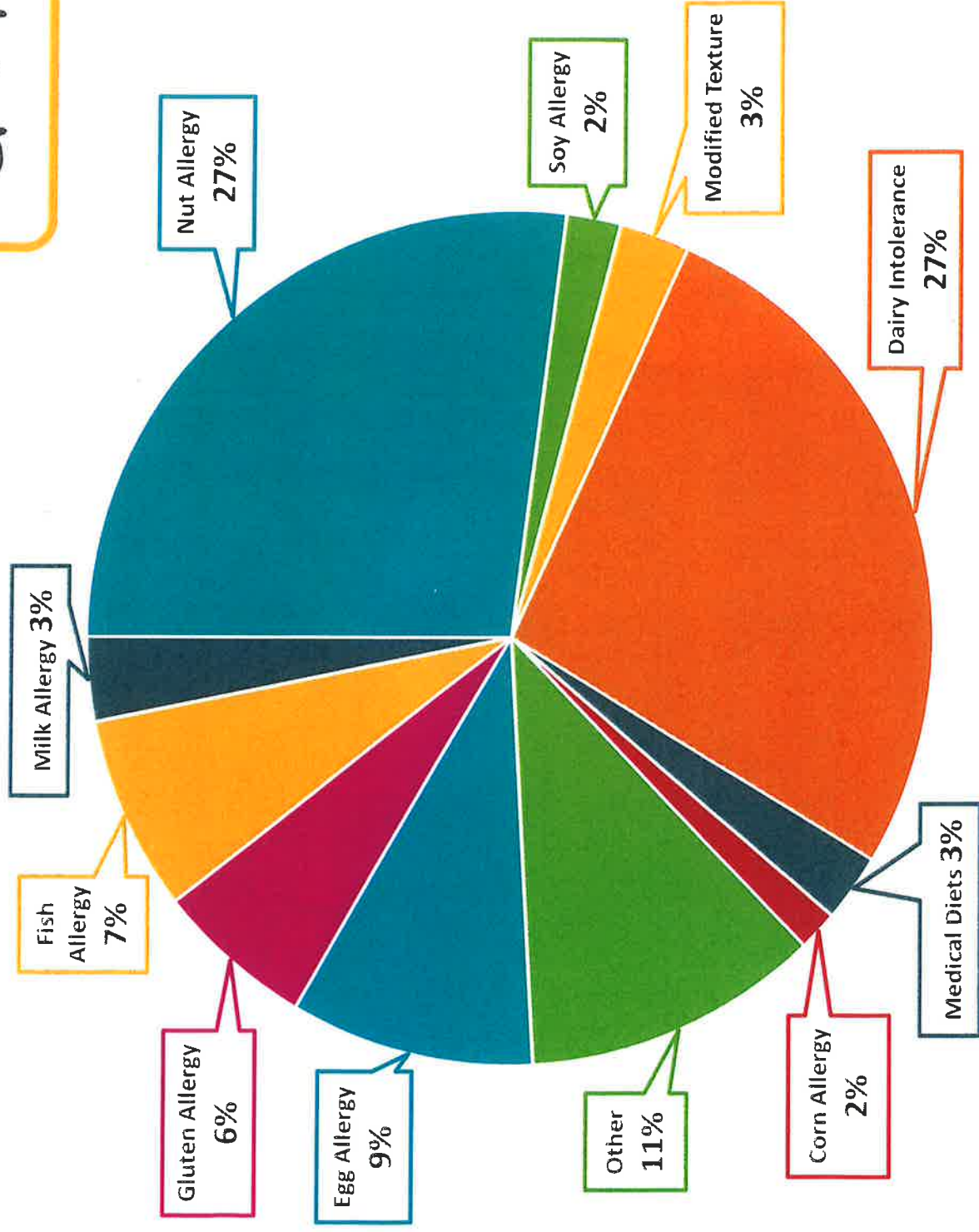
Next Meeting

Thursday, September 28th, 10:00 AM – Woodland Health & Wellness Magnet

Special Diet Department Statistics

Total Meal Modifications currently on file with Nutrition Services:

2449



of Meal
Modifications in
Satellite Schools:

1694

of Customized
Menus Made by the
Dietitian:

533



of Modified
Texture Meals
Prepared Daily:

74

of Meal
Modifications in
Secondary Schools:

755